Sample email for 7 Steps

Does it pay to be choosy?

Hi Client

Something that we humans are all born with is the power of choice. It is something that we do all the time from the moment we first come into the world. In the beginning our parents make a lot of choices for us, and sometimes we choose to appreciate those choices, and sometimes we rebel against them.

As we grow up we start realising that there are consequences to every choice we make. Some of us learn from this and start making better choices as we mature. Some of us blame other people for the consequences of our choices and never learn to take responsibility.

As young adults, we start choosing partners to share our lives with. Some of us are lucky and we choose well. Others make disastrous choices and end up suffering heavily as a result of them. Some of us become very “picky” and others seem to have no discrimination when choosing a life partner.

Does it pay to be choosy? We must be sensible when choosing someone to share our life with. Sound choices based on excellent values like integrity, kindness etc. will go a long way towards securing our happiness with this person. It will work in our favour if our values are similar to those of our partner, as we are true to our values before we are true to our partner!

However, we humans can be shallow and materialistic. Looks and money often drive our choices and we are not always happier for them. A good appearance and financial stability are important, but when we take these qualities to extremes is when we shoot ourselves in the foot.

As always, balance is the key to a happy and fulfilled life. We do not need to be so fussy that in the end there is nobody left to pair off with and we remain single. We would do well to remember that nobody is perfect (least of all ourselves) and a little bit of tolerance would definitely be in order.
Some would even say we do not even choose what happens for and to us; it has all been pre-arranged by the Universe. But that is a story for another day!

Whatever we believe, we need to proceed slowly and with caution when choosing a life partner. Let time be your ally, and wait patiently whilst watching your prospective partner’s behaviour and enjoying yourself with this person. We would do well to finally make our choice after many interactions with our partner rather than only a few. Many singles admit that they were too hasty when they settled down with their partner and if they had just waited they would have known better.

So yes, it will definitely be in your favour to be choosy when it comes to evaluating the values your prospective partner holds. If your values are similar, you are likely to have less conflict than you would if you had opposing values. With similar values, you will find it easier for you and your partner to negotiate all the tricky twists and turns life presents us with.

With time, your partner’s values will become apparent. Take time with making your choice and life is likely to work for, rather than against you.

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